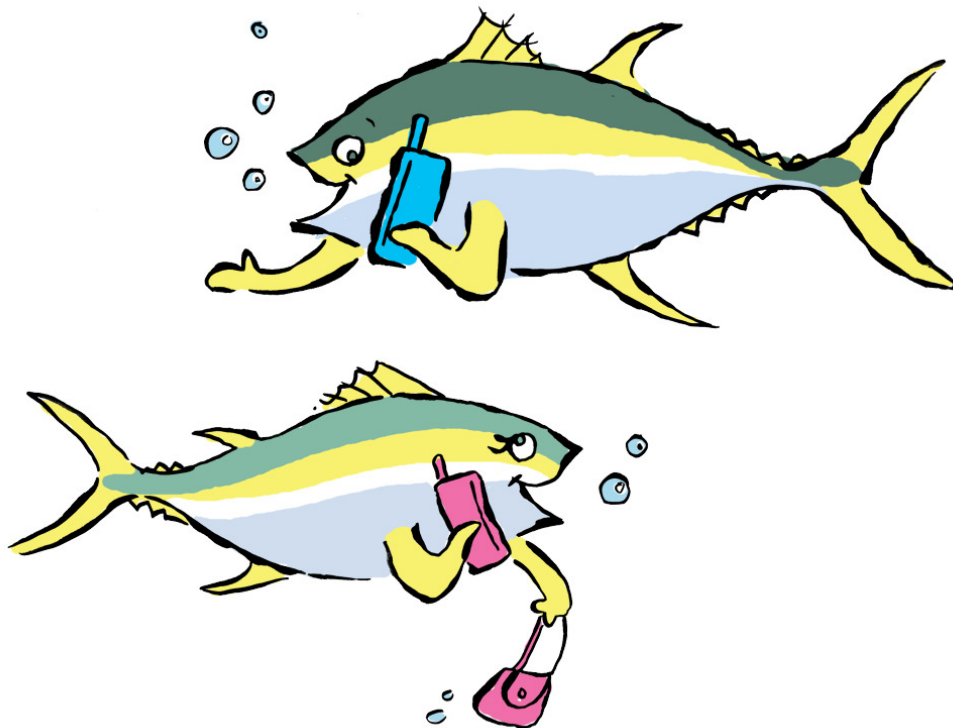


# Congratulations

Your standout achievements this term are:



# Talkative Tunas

Skills achieved at this level:

- Complete full length of Freestyle with correct bilateral breathing
- From a streamline position complete a length of Backstroke with correct arm recovery (bent arm pull)
- Understand breaststroke arm action with glide
- Understand breaststroke sequence, pull-breath-kick-glide
- Perform butterfly kick with pop up breathing (four kicks to one breath) with arms at side
- Demonstrate sculling in the forward and backward motion
- Tread water for 1 minute
- Dive and complete full length of freestyle
- Demonstrate a Backstroke Start
- Attempt a tumble turn
- Complete a medley attempting freestyle, backstroke and breaststroke



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